

## **Tohoku University Extracurricular Activities Guidelines**

Extracurricular activities will be allowed to resume in stages and under strict conditions. Students must take extra precautions to prevent the spread of coronavirus infection and to avoid creating clusters. Always be mindful of the 3Cs - closed spaces, crowded spaces and close-contact settings.

As the health and safety of students, faculty and staff remain the university's top priority, these guidelines are subject to change at short notice, especially if there are cases of infection. So please check frequently for updates.

### **Guidelines for all groups:**

- (1) Students belonging to any organization, whether cultural or athletic, must comply with these guidelines. In cases where sports federations may have their own guidelines, students should first comply with the university's rules, before following additional measures relevant to their sport.
- (2) Students should be encouraged to decide for themselves if they wish to participate in club activities. Their decisions must be respected. Members who choose not to participate must not be penalized or put at a disadvantage in the future.
- (3) Each student is responsible for ensuring that he or she is healthy enough to participate in club activities. Students should opt out if they feel unwell or if they:
  - have a fever or have had other cold symptoms within the last 14 days
  - have been in Japan for fewer than 14 days
  - had been in close contact with a person infected with coronavirus within the last 14 days
  - have undergone a PCR test within the last 14 days
- (4) Students should not hang out or linger in their clubhouse except to pick up and return their equipment.
- (5) Clubs should keep a record of their activities and students who attended each time.
- (6) Do not use facilities outside the prefecture.
- (7) Training camps are not allowed.
- (8) Activities that involve contact with other groups or organizations (joint practices, friendly competitions etc.) are not allowed.
- (9) Interaction with instructors outside the school must take place online.
- (10) Social gatherings and banquets/parties with food and drinks are not permitted.
- (11) Faculty advisors should be aware of the club activities and provide guidance.
- (12) In the event of a suspected case of coronavirus infection, the club must contact the Miyagi Prefectural Office, and report the case to the Miyagi and Sendai City call centers, and the departmental offices in charge. Clubs must also inform the university's Student Support Division that the above report has been made.

(13) Use the new coronavirus contact confirmation application (COCOA) developed by the Ministry of Health, Labour and Welfare.