

# How to apply for the coronavirus vaccine

## 1. Making a reservation

Please read and be sure you understand the Vaccine Explanation (Attachment 01) before proceeding to make a reservation from the website indicated below.

In addition, in line with advice from Miyagi Prefecture, the date and time of your second vaccination will be on the same day of the week and within the same time period four weeks after your first vaccination. When you select the date and time for your first vaccination, the system will automatically reserve your second vaccination for the same time precisely four weeks later. Please take into account the date of your second vaccination when reserving your first vaccination.

It is only possible to change the date for your second vaccination if there is an unavoidable problem that prevents you from attending on that day (e.g., poor health, an injury, job hunting, regular examinations (only in cases where you have already checked with the faculty member in charge and you have not received approval to miss the examination), urgent official business, etc.)

If you want to change the date for your vaccination, please call the dedicated number to change it: 080-1693-6505 (available from 10 a.m. to 5 p.m. on weekdays).

## ○ Tohoku University Coronavirus Vaccination Reservation System (Attachment 02)

<https://www.srp.tohoku.ac.jp/corona-vaccine/>

\*Please be sure to make your reservation by noon three days before the date on which you wish to be vaccinated.

\*Time slots for each date will be made available for reservation via the reservation system as soon as arrangements with Miyagi Prefecture have been completed.

## 2. What to bring when being vaccinated

Please be sure to bring items (1) to (4) listed below to the vaccination location.

### (1) Prevaccination Screening Questionnaire (Attachment 03)

Please print this on one side of an A4 sheet of paper, fill in the necessary details in advance, and bring it with you when being vaccinated. Please do the same when being vaccinated for the second time.

\* A sample (Attachment 03-02) and an English translation (Attachment 03-03) are also attached.

Please make sure that you complete and bring the Japanese format, not the sample in English.

### (2) Record of Vaccination for COVID-19 (Attachment 04)

Please print this on an A4 sheet of paper, fill in your name, address, and date of birth in advance, and bring it with you when being vaccinated.

\*You need to bring this to your first and second vaccination. Please bring the same Record of Vaccination that you brought with you when you received your first vaccination.

### (3) Identity documents

Please bring your driver's license, health insurance card, staff ID, student ID, and other documents that can be used to verify your identity.

### (4) Vaccination Coupon

- Please bring the vaccination coupon that you received from your local government office to the vaccination location.
- If you do not have your vaccination coupon with you at the time of your vaccination, the university will collect it later.

## 3. Precautions

(1) Measure your temperature at home before you are due to be vaccinated, and refrain from travelling to be vaccinated if it is evident that you have a fever.

(2) Please dress in a manner that allows immediate access to the base of your shoulder (t-shirt, etc.).

(3) Those who fall under the following categories may be vaccinated, but we ask you to please consult with your regular medical doctor as to whether you should receive the vaccine:

- those who are currently being treated for an illness
- those who are breastfeeding
- those who have been infected with COVID-19

(4) With regard to pregnant women, sufficient clinical trial data is not yet available, so please consult with your regular medical doctor as to whether you should receive the vaccine.

(5) On the night before you are due to be vaccinated, please refrain from drinking alcohol and go to bed early to ensure that you are in good health. On the day of your vaccination, please be sure to eat meals.

#### **4. Other notes**

(1) There is no designated parking lot at the venue, so please use public transport.

(2) Any personal information that you submit will be managed appropriately and will not be used for any purpose other than the administering of the vaccine.