## Autumn 100yen Breakfast Menu

## Kawauchi no Mori Dining

TAKEOUT OK

- Set meal includes main dish, small side dish, rice, miso soup and vegetable juice.
- This bread set was created based on a student survey.
  The bread set includes bread, halal soup, and salad.
  (Tohoku University COOP HALAL menu standard)
- First 500 visitors on 10/15 (Wed.) will receive a Frugra®Ball.



## **Kitchen Terrace Couleur**

- Curry and rice are served with small side dish and vegetable juice
- Frugra®Set includes fruit granola, milk or yogurt, banana, small side dish, vegetable juice.
- The pork and miso soup set includes pork miso soup, rice, bonito flakes, and a soft-boiled egg.
- · Ramen is served with vegetable juice.
  - ⇒ This symbol indicates the meal contains Gunma Tonjinosui Pork.

Cafeteria	Oct.13(Mon)	Oct.14(Tue)	Oct.15(Wed)	Oct.16(Thu)	Oct.17(Fri)
Kawauchi no Mori Dining	National Holiday Sporst Day	Simmered Vegetable	Boiled root vegetables	Grilled pork	Mapo tofu
		Ham Cutlet	Bread set	Mackerel with ginger	Bread set
Kitchen Terrace Couleur		Curry and rice	Curry and rice	Curry and rice	Curry and rice
		Frugra <sup>®</sup> Set 🧣	Pork miso soup set	Frugra®Set ®	Pork miso soup set
		-	Ramen (soy sauce flavor)	Ramen (salt sauce flavor)	Ramen (miso sauce flavor)
Cafeteria	Oct.20(Mon)	Oct.21(Tue)	Oct.22(Wed)	Oct.23(Thu)	Oct.24(Fri)
Kawauchi no Mori Dining	Ham Cutlet	Chicken cutlet	Ginger grilled pork	Hamburg steak	Tohoku University Festival
	Mackerel with ginger	Bread set	Mackerel with miso	Bread set	
Kitchen Terrace Couleur	Curry and rice	Curry and rice	Curry and rice	Curry and rice	
	Frugra <sup>®</sup> Set	Pork miso soup set	Frugra®Set 🧳	Pork miso soup set	

**X** Co-op APP or student ID card is required.



**Menu** is subject to change depending on availability of ingredients.