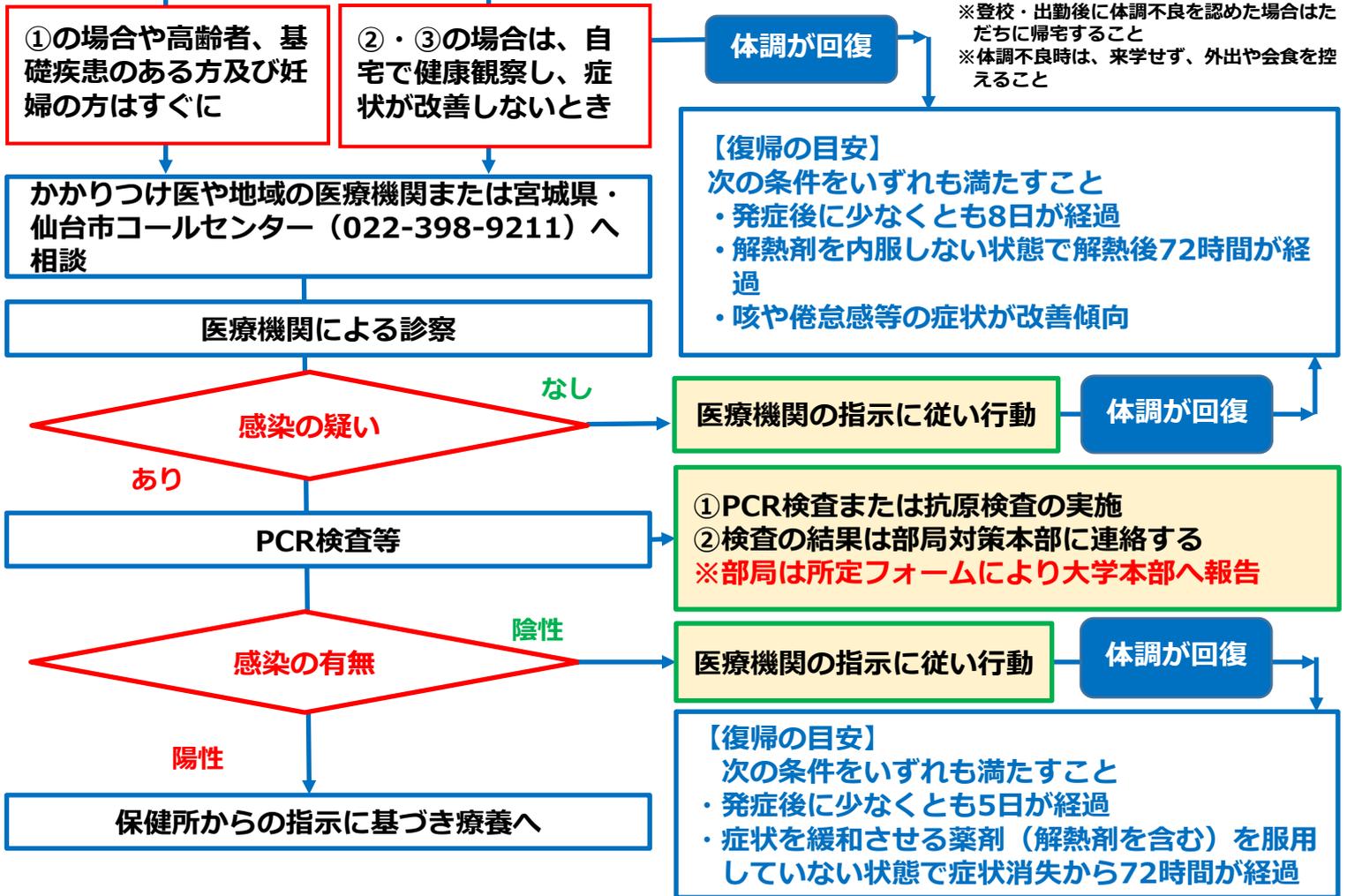


新型コロナウイルス感染症対策（体調不良者対応等）フロー図

- ① 息苦しさ（呼吸困難）、強いだるさ（倦怠感）、高熱などの強い症状がある
- ② 発熱や咳などの風邪症状がある（比較的軽い風邪症状も含む）
- ③ 発熱を認めないが体調不良を自覚する場合



濃厚接触の疑いのある者のフロー



【濃厚接触の疑いのある者】

- ①陽性者の症状が出る2日前から接触した者のうち、必要な感染予防策をせずに手で触れた場合
- ②対面で互いに手を伸ばしたら届く距離(1m程度)で、必要な感染予防策なしで15分以上(密閉された空間なら15分未満でも)接触した場合
- ③陽性者と同居あるいは長時間（車内、航空機内等を含む）の接触があった場合

※保健所による濃厚接触者の調査中の者及び濃厚接触者に特定されなかった者は、感染の疑いを完全に否定するものではありません。不要不急の外出は控えるなど、他人へ感染させない行動に努め、濃厚接触者の調査中の者は、調査終了まで自宅での健康観察を実施する。なお、濃厚接触者と特定されなかった者は、復帰後も継続して健康観察を実施する。

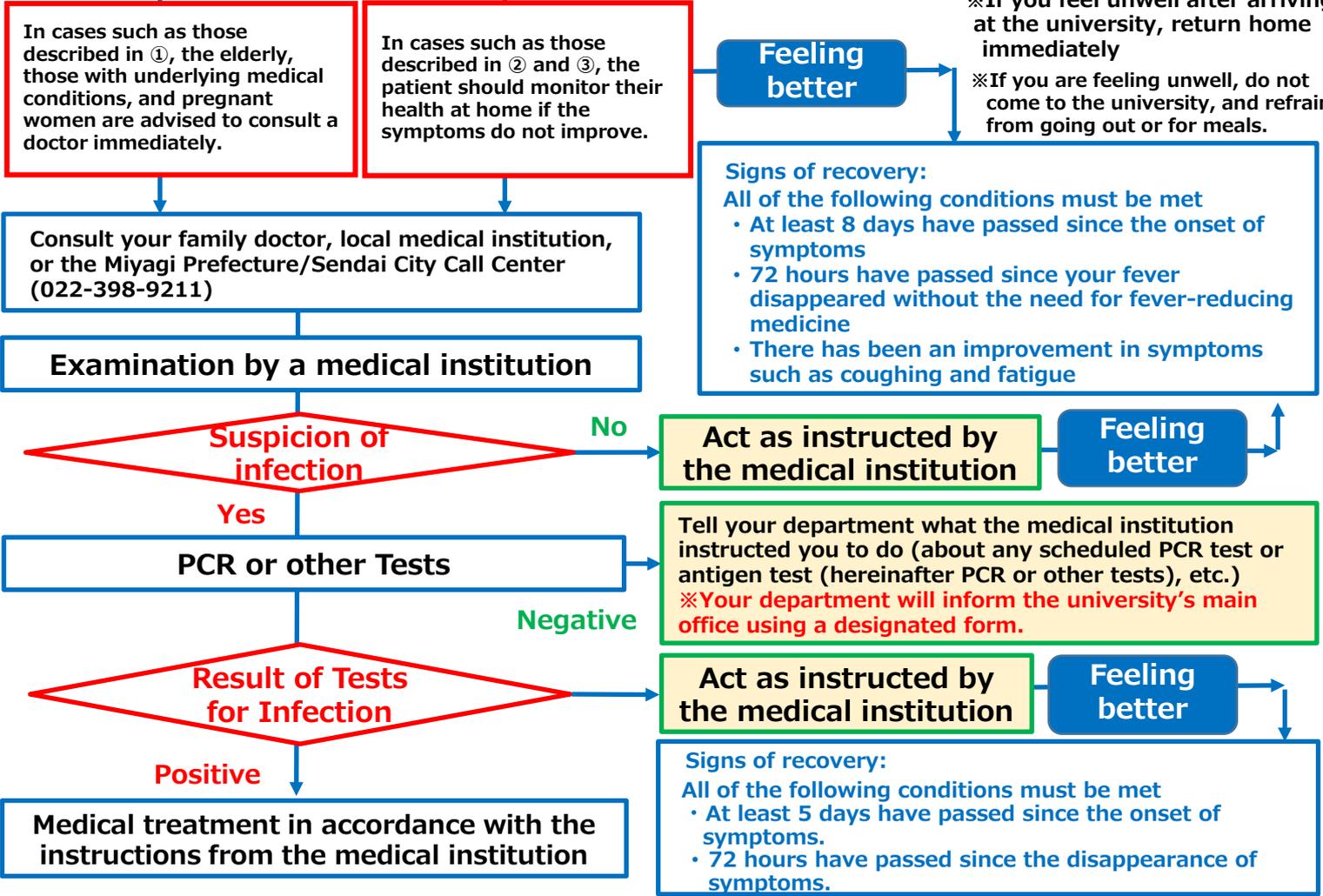
※ 当該フロー図は、主に体調不良時の対応を示すもので、業務や行事に関連してPCR検査等を受検した場合は対象外とします。

※ 新型コロナウイルス接触アプリ（COCOA）において、陽性者との接触の可能性がある等の通知を受けた場合は、速やかにアプリの指示どおり相談先に連絡をしてください。

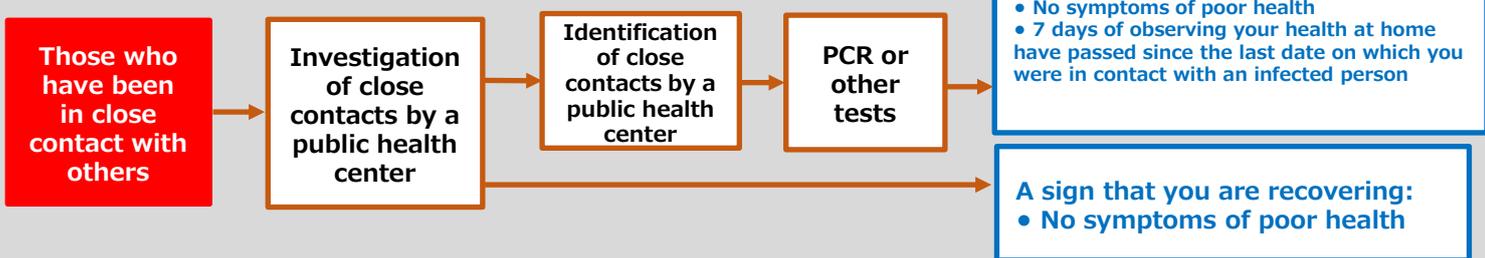
※ 医療従事者等は、所属先が定めるルールに従い対応してください。

Flow Chart of Measures to Combat the New Coronavirus (for those in poor health)

- ① Serious symptoms such as shortness of breath, fatigue, or high fever
- ② Symptoms of a cold such as a fever or cough (including relatively mild symptoms)
- ③ If you do not have a fever but feel unwell



For those who have been in close contact with other



Situations in which you are considered to have been in close contact with others:

- ① If you were in close contact with a person confirmed to be infected within the 2-day period before they displayed symptoms and your hands made contact and you had not taken the necessary preventive measures.
- ② If you were positioned face to face within an arm's length of each other (about 1 m) for 15 minutes or more and you did not take the necessary measures against infection.
- ③ If you live with someone who has tested positive or have spent a long time with someone who has tested positive (including on journeys by car or airplane, etc.)

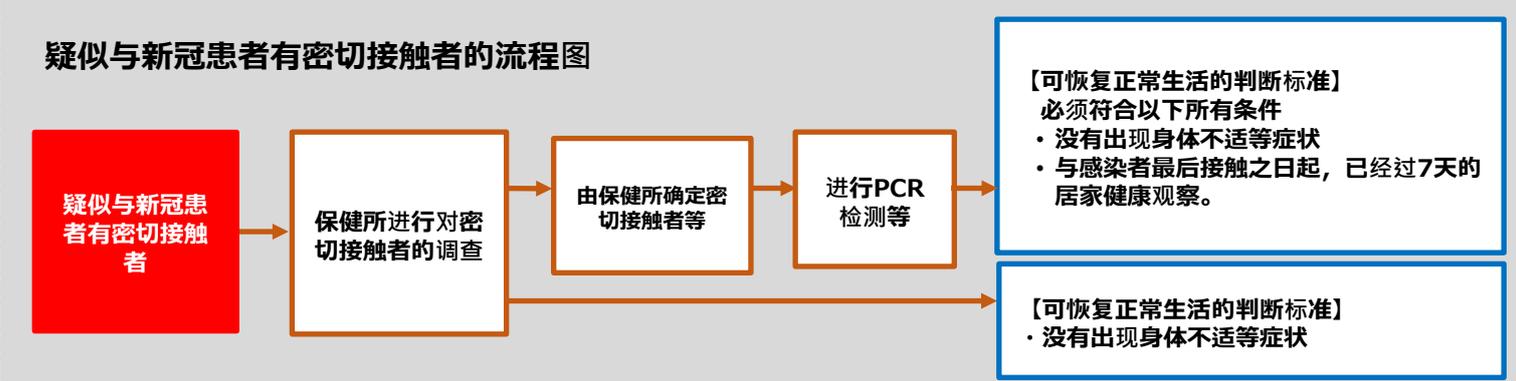
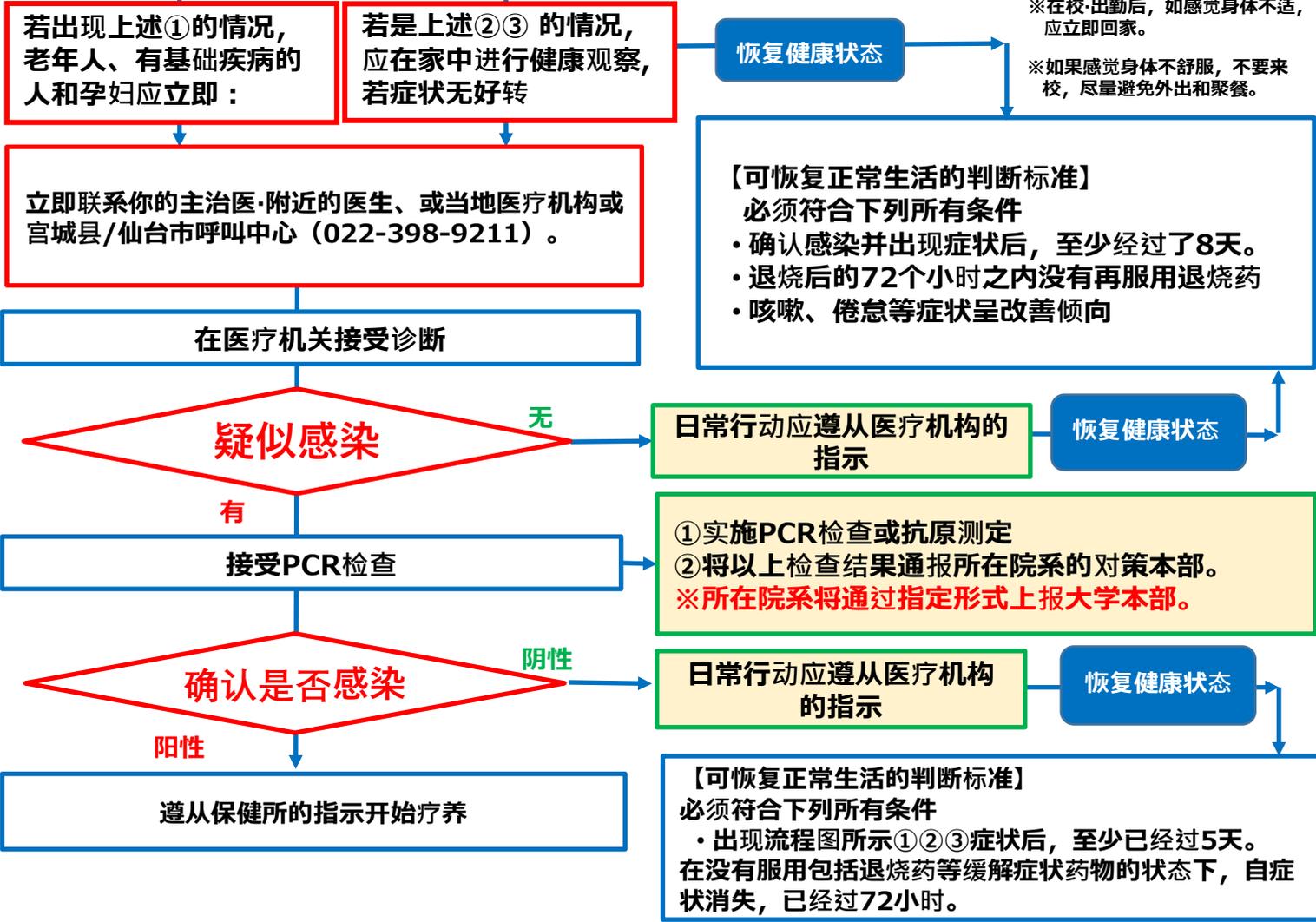
※Neither those who are being checked by the health center as to whether they are close contacts nor those who have been identified as not being close contacts are guaranteed to be completely clear of infection.
 Aside from not going out for unnecessary and non-urgent reasons, etc., to prevent others from becoming infected, those who are being checked as to whether they are close contacts should keep an eye on their own health at home until they have been cleared, and those who have been identified as not being close contacts should keep an eye on their own health on return to work.

※ The above flow chart is mainly to show how to respond when you are in poor physical condition and does not apply if you have taken a PCR test, etc. in connection with your work or other functions.
 ※ If you receive a notification from the COVID-19 Contact-Confirming Application (COCOA) that you may have come into contact with someone who has tested positive for COVID-19, please make contact immediately with a consultant as instructed by the app.
 ※ Medical personnel should follow the rules set by their departments.

Contact for the Flow Chart:
 Center for Environmental Conservation and Research Safety (anzen@grp.tohoku.ac.jp)

新冠肺炎感染症之对策（身体不适时之应对方法等）流程图

- ① 出现呼吸困难、极度倦怠、以及高烧等症状
- ② 出现发烧及咳嗽等感冒症状（包括相对轻微的感冒症状）
- ③ 虽确认没有发烧，但感觉身体不舒服



【疑似与新冠患者有密切接触者】

- ① 与核酸检测呈阳性并在其出现症状的两天前有接触者之中，没有采取必要的感染预防措施，与其有过经手接触
- ② 与上述阳性患者处在伸手可及的范围（约1米），无任何感染预防措施，接触时间超过15分钟（如果是密闭空间则少于15分钟）
- ③ 与上述阳性者一起生活或有长时间的接触（包括各类机动车内、机舱内等等）

※正在接受保健所调查的密切接触者、以及尚未被确认为密切接触者的人，不能否定无感染可能。因此，请务必减少不必要的外出，尽力防止传染他人。正在接受保健所是否密切接触者调查的人，须在结果出来之前实行居家健康观察。即使没有被确定为密切接触者，在恢复正常生活之后亦需持续对自身健康的观察。

※本流程图旨在提示身体不适时之对应方法，若是与业务及各类活动相关之PCR检查，则不属于本流程图所示对象。
 ※如果您收到来自新冠病毒app（COCOA）的可能是密切接触者的通知，请立即与app所指示的相关单位联络。
 ※服务于医疗机构者，应遵从所属机构之所定规则进行应对。

【流程图联系方式】
 人事企划部人事劳动科安全卫生管理股 anzen@grp.tohoku.ac.jp