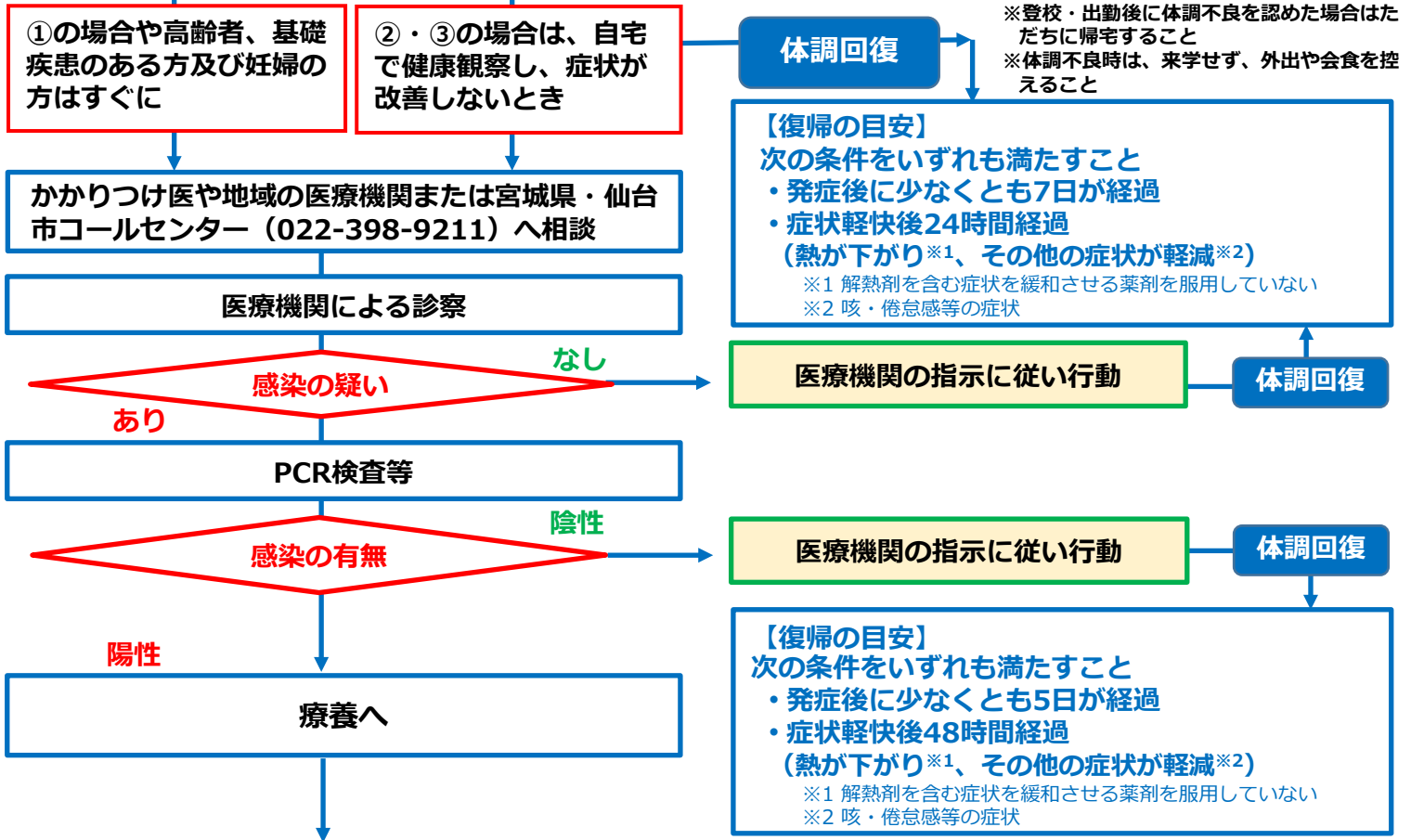


新型コロナウイルス感染症対策（体調不良者対応等）フロー図

- ① 息苦しさ（呼吸困難）、強いだるさ（倦怠感）、高熱などの強い症状がある
- ② 発熱や咳などの風邪症状がある（比較的軽い風邪症状も含む）
- ③ 発熱を認めないが体調不良を自覚する場合



【復帰の目安】
 ・発症日から7日間経過し、かつ、症状軽快後24時間経過
 ・現に入院している場合には、発症日から10日間経過し、かつ、症状軽快後72時間経過

◎ただし、発症日から10日間が経過するまでは、感染リスクが残存することから、検温など自身による健康状態の確認やマスクの着用、web会議等の活用、食事の個別摂取などの対策をとること。また、高齢者等ハイリスク者との接触、ハイリスク施設への不要不急の訪問、感染リスクの高い場所の利用や会食等を避けること。他の人との接触・直接会話等も極力避け、自主的な感染予防行動を徹底すること。

（参考）当初より、体調不良の症状がなくPCR検査等をうけて陽性となった方（無症状者）の復帰の目安

- ・ 検体採取日から7日間を経過
- ・ 加えて、5日目の検査キットによる検査で陰性を確認した場合には、5日間経過後（6日目）に療養解除が可能

※検査キットは必ず薬事承認を受けているものを使用すること。

◎ただし、7日間が経過するまでは、感染リスクが残存することから、検温など自身による健康状態の確認やマスクの着用、web会議等の活用、食事の個別摂取などの対策をとること。また、高齢者等ハイリスク者との接触、ハイリスク施設への不要不急の訪問、感染リスクの高い場所の利用や会食等を避けること。他の人との接触・直接会話等も極力避け、自主的な感染予防行動を徹底すること。

- ※ 当該フロー図は、主に体調不良時の対応を示すもので、業務や行事に関連してPCR検査等を受検した場合は対象外とします。
- ※ 医療従事者等は、所属先が定めるルールに従い対応してください。

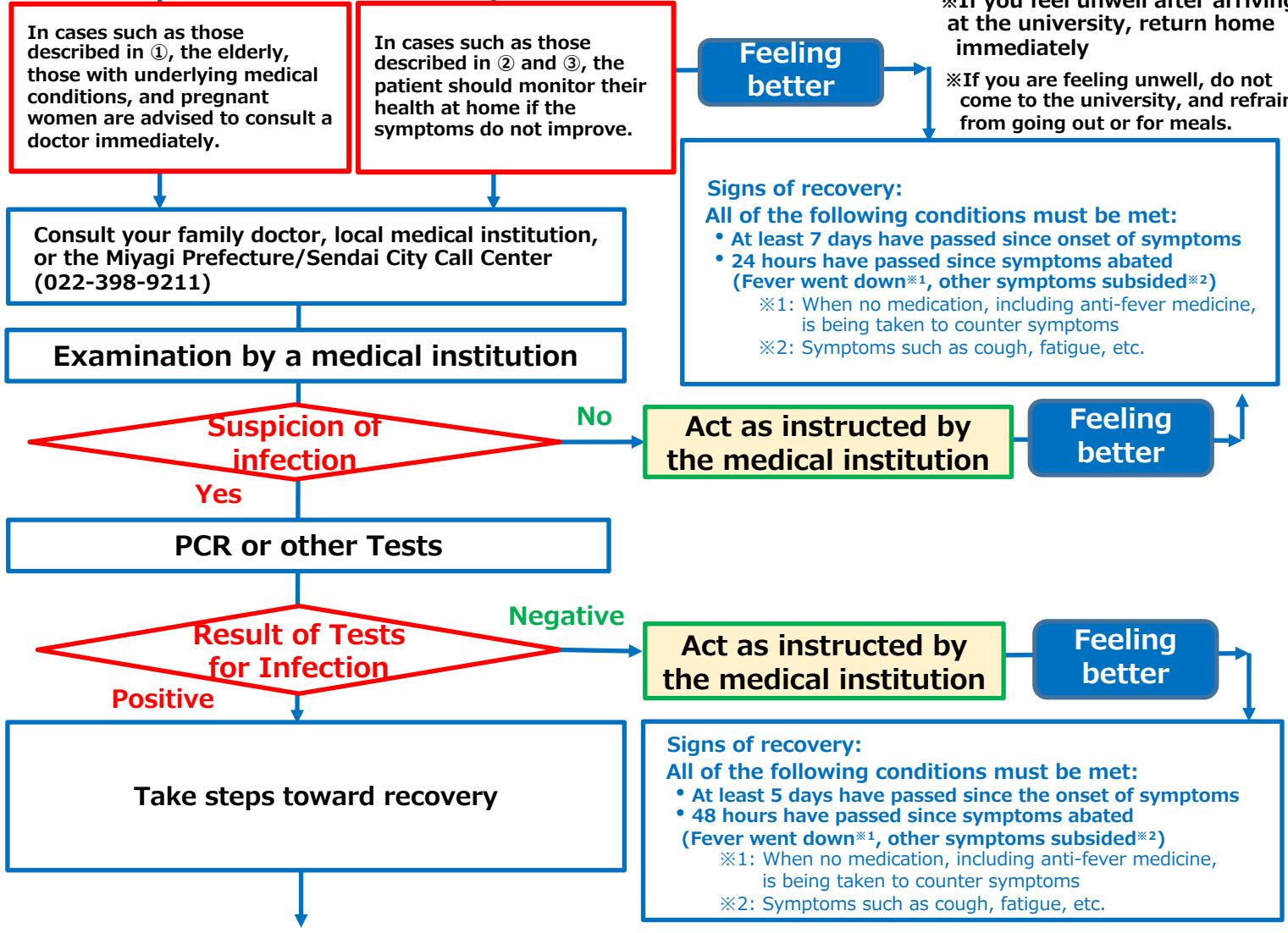
※ 当該フロー図（2023年4月1日改訂版）の適用は、2023年4月1日～5月7日までとなります。
 5月8日以降の体調不良者対応等については、別途お知らせします。

【フロー図に関する連絡先】

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Flow Chart of Measures to Combat the New Coronavirus (for those in poor health)

- ① Serious symptoms such as shortness of breath, fatigue, or high fever
- ② Symptoms of a cold such as a fever or cough (including relatively mild symptoms)
- ③ If you do not have a fever but feel unwell



Guidelines for returning to work: Symptomatic Individuals

- 7 days have passed since the onset of symptoms and 24 hours have passed since symptoms abated
- If you are hospitalized, 10 days must pass after the onset of symptoms and a final period of 72 hours must pass after symptoms abate before returning to work

© During this 10 day period, there is a risk of the virus spreading to others. Therefore, pay close attention to your temperature and physical condition, wear a mask, only participate in online work activities, and do not eat meals with others. In addition, avoid contact with the elderly as well as other high-risk individuals. Avoid nonessential, non-emergency visits to high-risk institutions and areas. Avoid contact, direct conversations, etc. with others as much as possible and follow the voluntary measures to help prevent the spread of infection to the best of your abilities.

(Reference) Guidelines for returning to work: Asymptomatic Individuals (i.e. individuals who tested positive but never experienced any symptoms)

- 7 days have passed since taking the test which determined that you were positive for COVID-19
- If you take another test 5 days after testing positive and the test kit confirms you are negative for COVID-19, medical treatment can be lifted on Day 6.

※ Ensure that the test kit(s) you use have received regulatory approval for medical use.

© During this 7 day period, there is still a risk of the virus spreading to others. Therefore, pay close attention to your temperature and physical condition, wear a mask, only participate in online work activities, and do not eat meals with others. In addition, avoid contact with the elderly as well as other high-risk individuals and avoid nonessential, non-emergency visits to high-risk institutions and areas. Avoid contact, direct conversations, etc. with others as much as possible and follow the voluntary measures to help prevent the spread of the infection to the best of your abilities.

※ The above flow chart is mainly to show how to respond when you are in poor physical condition and does not apply if you have taken a PCR test, etc. in connection with your work or other functions.
 ※ Medical personnel should follow the rules set by their departments.

※ 'Flow Chart of Measures to Combat the New Coronavirus (for those in poor health)' (Latest revision: April 1, 2023) will be applicable from April 1 to May 7. Information regarding how people who are poorly will be dealt with from May 8 will be shared separately.