

GAKUSEI SHIEN DAYORI

TOHOKU UNIVERSITY
GAKUSEISHIEN
DAYORI
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26



Student Support Newsletter

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Start of the 62nd Seven Universities Athletic Meet Summer Tournament (Nanadaisen)

The 62nd "Nanadaisen" Summer Tournament—a yearly athletic competition between 7 national universities (Hokkaido, Tohoku, Tokyo, Nagoya, Kyoto, Osaka, and Kyushu)—will be hosted by the University of Tokyo this year and have 40 events running from June to late September. Tohoku University hopes pull off its first ever 5th consecutive overall victory (in terms of total wins).



On May 22, the Gakuyu-kai's Cheerleading Club held a rally ahead of the tournament. Athletes representing each event gave passionate speeches, pledging to win their respective events and bring home the unprecedented 5th overall victory for Tohoku University. After that, the Cheerleading Club performed a routine to inspire the athletes and wish them success.

Below, we will introduce the activities and highlights of some of the student organizations that are participating in events.

You can find event schedules on the Nanadaisen website (<http://www.7univ-nanadaisen.jp/>).

Please join us in cheering on our athletes!

[Men's Lacrosse]

The men's Lacrosse Club has over 100 members, who train daily, aiming to become the top student team in Japan. As part of achieving that goal, we of course set our sights on winning our event at the Nanadaisen on June 17th and 18th. However, the result was a disappointing 6th place. On the first day we suffered two losses in the block's round robin, dropping us to the lower block for the next day. On the 2nd day, KAKIZAKI KOTA (number 6) scored 3 points in the match against Kyushu University, but the game ended in a draw so the team finished in 6th place. We are extremely disappointed that we couldn't contribute to Tohoku University getting a 5th consecutive win at the Nanadaisen. We keenly feel that we lacked momentum, both as individuals and as a team. The league tournament is less than two months away, so we will not waste a single day between now and then.



Lastly, our team keyword is "fascination." We want to thrill the spectators with our plays, gain support from many people through our performance, and turn that into motivation to achieve our goals. We ask for your support as we continue our quest to become the top student team in Japan.

[Men's Volleyball Club]

The Gakuyu-kai Men's Volleyball Club practices daily at the Katahira gymnasium to achieve our goal of moving to the top of the division 1 spring/fall league and winning our event in the Nanadaisen. We finished the division 1 spring league tournament recently, resulting in us staying in division 1. So we will continue to play in high-level matches in the fall.



While we had a shot at a 4-1 record in last year's Nanadaisen, we were disappointed that some players were sidelined by COVID-19. This year, we are playing at three locations: the Sainen Chemical Arena on August 14, Adachi City Sogo Sports Center on August 15-17, and the Ota-City General Gymnasium on August 18. The first day will be the new players' match, with a 3-set match round robin starting from the second day.

At this year's Nanadaisen we are focusing on our middle blocker, NEMOTO NAOYA (number 39). He debuted as a starting member in his 2nd year, and is now facing his final tournament as a 4th year student. His specialty is his high block. In the clutch, he can shut out his opponents helping his team secure the win. In this tournament all the opposing teams bring their "A" games, so we look forward to pitting our skills against theirs.

2023 Marine Sports Festival

Hello everyone! I'm writing you on behalf of the Gakuyu-kai Rowing Club. Our club is composed of 79 members who conduct activities at 3 boat houses (Kamafusa, Iwanuma, and Toda in Saitama).

Boat racing is a sport in which teams vie to row a certain distance over water fastest. It sounds simple, but it's actually a deep sport.

-Natural conditions such as the weather can affect the outcome.

-Because the rowers sit facing backwards, only the lead boat has the entire picture of the race.

-The boats have a top speed of over 20 km —it's a human-powered race across the water.

Adding to the sport's charm are the boats, which incorporate cutting-edge equipment, and the cox, who steers the boat.

The Gakuyu-kai Rowing Club's members aim to place 1st in Japan. In last year's intercollegiate, our women's doubles team placed 2nd, and our men's eights team placed 4th.

To allow everyone to experience boat racing for themselves, we hold a yearly Marine Sports Festival. Last year's boat races were a huge success. Please come and have one last unforgettable experience before summer vacation ends!



Date/time September 30 (Fri.), 2023

Place Miyagi Prefecture, Iwanuma-shi, Kukominami, 6-chome 4-3, Tohoku University Iwanuma Boat House

Access 15 minutes by bus JR Tatekoshi Station, 15 minutes on foot from Sendai Airport Station on the Sendai Airport Transit Line

Event Coxed Four **Registration** Four members per team. Please contact the Student Services Division's Activity Support Section. (Please inquire if you cannot find enough members.)

School Festival

The Tohoku University School Festival Office's 203 members are working everyday to prepare for the 75th Tohoku University School Festival, which will be held October 27th to 29th.

This year's theme is "Know the Blue Sky!" This is the continuation of the Zhuang Zhou poem, "The frogs in the well know not of the vast ocean." This theme reflects that our generation's (the frogs) activities were limited by the COVID-19 pandemic, but this forced us to grow in the midst of adversity. We should now try to make rapid progress towards achieving our own individuality, dreams, objectives, and potential (the blue sky).

Based on this theme, the Office has set an activity policy to revitalize and recreate The School Festival. Food stands will make their reappearance for the first time in four years, bringing back the School Festival's characteristic liveliness. Moreover, we are making renewed efforts in planning programming and new types of contests. Our office's 203 members will make full use of new ideas and steadily prepare an unforgettable 3 days for the visitors and participating organizations.

Our office and the participating organizations are pouring their efforts into the preparations so we hope you will fully enjoy this year's Tohoku University School Festival. In particular, this year there will be food stands for the first time in four years. We will make every effort to ensure that these are implemented safely and are enjoyable for both the operators and guests.

Lastly, the cooperation of Tohoku University's students is crucial to the success of the School Festival. Therefore, we ask for your kind support.



National Pension Special Payment System for Students

Under Japan's National Pension System Law, students who are 20 or older are required to join and contribute to Japan's pension system. If you are 20 or older, you should check the status of your pension payments.

Low-income students (income for the previous year is JPY 1.28 million or less) can delay (defer) pension payments under the Special Payment System for Students.

You can apply for this system at the Student Services Division, Desk ①. Not contributing will lead to disadvantages, such as receiving a reduced pension in the future, so you are urged to apply.

- ① If you do not apply and also fail to contribute, your pension will be reduced in the future.
If you acquire a disability due to an illness or accident, you will be ineligible for the Disability Basic Pension.
- ② You can apply even if you did not apply in the previous fiscal year, and even if your Resident Registration address is not in Sendai.
- ③ If your income is reduced due to the COVID-19 pandemic, please inquire about that separately using the contact information below.

④ Application Form and Procedures

● You can get an application form at the Student Services Division, Desk ①. It can also be downloaded from the Japan Pension Service website.

● When applying at the Student Services Division, please bring your Student ID and any one of the following.

1) Pension booklet, 2) Basic Pension Number notice, 3) Social Security and Tax Number (My Number) card, or 4) My Number notice

● If you enter your Basic Pension Number on the application, you can send it, along with a photocopy of your student ID, by postal mail to the address below.

(You cannot send applications with your Social Security and Tax Number by postal mail.)

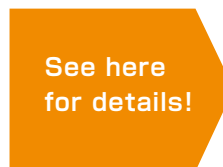
⑤ The Japan Pension Service website has the following videos for students (Japanese only).

Look for "20歳到達時の国民年金手続き" (Procedures for Residents Turning 20) on the Japan Pension Service website.

- ① 公的年金制度とは、「国民年金の内容やメリット編」
(Overview and Benefits of the Pension System)
- ② 国民年金の加入について
(Joining the Pension System)
- ③ 国民年金保険料の納付について「保険料の納付方法編」
(Paying Pension Premiums)
- ④ 国民年金保険料の学生納付特例制度や免除・納付猶予
(Special Payment System for Students and Waivers)

About the System

- ① 学生納付特例編 (Special Payment System for Students)
- ② 免除・納付猶予編 (Waivers/Deferments)
- ③ 新型コロナウイルス感染症関係の特例免除編 (Special Exemption for COVID-19)



[Inquiries] Education and Student Support Department,
Student Services Division, Support Planning Section, Kawauchi Kita Campus

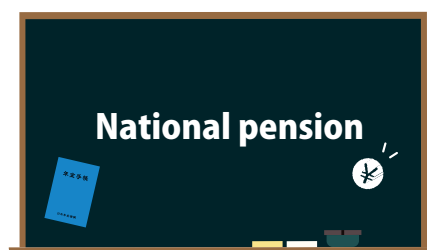
Education and Student Support Center, 1F Desk①

[Postal Address]

980-8576 Sendai-shi, Aoba-ku, Kawauchi 41

Phone

022-795-7819



Double-lock your bicycle! Bicycle theft is common on Kawauchi Kita Campus!



Numerous incidences of bicycle theft on Kawauchi campus have been reported since the start of the new school term. According to a survey of the victims, the circumstances surrounding most of the thefts were as follows.

- The bicycle had been left unlocked in the parking area when it was stolen.
- The bicycle had been left unattended for a long time when it was stolen.

..... Bicycle theft prevention

- Lock your bicycle even when leaving it for just a short time.
- Double-lock your bicycle even when leaving it in campus parking areas.
- Register your bicycle. ■ Take your bicycle home at night.
- Put some kind of distinctive mark on your bicycle.
- Mentally note where you parked your bicycle.

We recommend double-locking your bicycle, even when parking on campus, to reduce the risk of theft. In addition to a rim lock (often included with the bicycle) we suggest using another lock as well.

? What to do if your bicycle is stolen

① Check the area.

Check carefully to make sure the bicycle is really missing, and hasn't been moved to a different location.

② Notify the police.

If your bicycle is really missing, immediately report the theft at the nearest police office.

③ Submit a theft report at the nearest campus office.

Kawauchi Kita Campus: Education and Student Support Center, 1F, Desk ①
Other campuses: Your faculty/graduate school's Educational Affairs Section (or Student Support Department)



Road safety/etiquette for cyclists and motorcyclists



In June 2023, a student cyclist (at a national university in a different prefecture) was severely injured in a collision with another bicycle. Many Tohoku University students commute to school by bicycle or motorcycle, but unfortunately every year the university receives complaints regarding their driving and requests for improvement from local residents, other students, and university staff. Please be careful of the following when commuting by bicycle/motorcycle.

- Follow all traffic laws. ● Pay close attention to the surrounding vehicles and pedestrians.
- Carefully consider the weather, your physical condition, and experience level before riding. Do not attempt to ride when you are not feeling well or conditions are too difficult.

Also, until now bicycle helmets have been required only for children under the age of 13, but starting April 1, 2023 all cyclists are asked to wear helmets, regardless of age. When cycling, please wear a helmet to reduce the risk of injury in the event of an accident.